



Intermediate Shoulder Arthroscopy –
Instability and Rotator Cuff Repair

Advancing Shoulder Care



10th November 2025 | 08:00 – 16:30



**Johnson & Johnson Institute
Luzernstrasse 21
4528 Zuchwil**

Course Overview

This intermediate-level course for shoulder surgeons combines practical hands-on training with in-depth theoretical discussions focused on arthroscopy. Participants will have the opportunity to engage in interactive case discussions guided by our esteemed faculty, while exchanging experiences with peers in a collaborative learning environment. In addition, the course offers an overview of implants used in Sports Medicine and provides valuable insights into the Outpatient Tariff System.

Target Group

This intermediate-level course is designed for shoulder surgeons who seek to improve their skills and gain more knowledge in arthroscopy – including tenodesis of the long head of biceps tendon, instability and rotator cuff repair surgeries.

Learning Objectives

- Master basic techniques in arthroscopic shoulder surgery.
- Enhance decision-making through faculty inputs.
- Gain an overview of implants used in Sports Medicine.
- Receive the latest information regarding the Outpatient Tariff System, with a focus on shoulder surgery.



**Dr. med.
Patrick Grüninger**
Spital Limmattal



**Dr. med.
Franziska Eckers**
Bürgerspital Solothurn

Agenda

10th November 2025

08:00 – 08:30

Registration, Coffee & Welcome

08:30 – 09:00

Faculty Input: Instability Procedures

Patrick Grüninger, Franziska Eckers

09:00 – 09:15

Transition to Wetlab

09:15 – 10:15

Wetlab Session 1: Instability

Patrick Grüninger, Franziska Eckers

10:15 – 10:30

Coffee Break & Implants used for Rotator Cuff Repair, Instability and LHBT Tenodesis

11:00 – 12:00

Wetlab Session 2: LHBT Tenodesis

Patrick Grüninger, Franziska Eckers

12:00 – 13:00

Lunch & Case Discussion

13:00 – 13:30

Faculty Input: Rotator Cuff Repair and LHBT Tenodesis

Patrick Grüninger, Franziska Eckers

- LBS: Indication for Tenodesis vs. Tenotomy, arthroscopic vs. mini-open approach
- Rotator Cuff Repair: Single vs. Double Row, Proximal Biceps Tenodesis Incorporated into Supraspinatus Repair

13:30 – 13:45

Transition to Wetlab

13:45 – 15:30

Wetlab Session 3: Rotator Cuff Repair

Patrick Grüninger, Franziska Eckers

15:30 – 15:45

Coffee Break & Transition to Meeting Room

15:45 – 16:15

Outpatient Tariff System in Focus

Nora Schweizer (Johnson & Johnson)

16:15 – 16:30

Feedback and Closing Remarks

16:30

Course Closure



Nora Schweizer, PhD
HEMA Specialist
Johnson & Johnson

Accreditation:

SO and **SGC** Credits
will be requested.

We are looking forward to welcoming you in Zuchwil.