

Intermediate Shoulder Arthroscopy – Instability and Rotator Cuff Repair

Advancing Shoulder Care



10th November 2025 | 08:00 – 16:30



Johnson & Johnson Institute Luzernstrasse 21 4528 Zuchwil



This intermediate-level course for shoulder surgeons combines practical hands-on training with in-depth theoretical discussions focused on arthroscopy. Participants will have the opportunity to engage in interactive case discussions guided by our esteemed faculty, while exchanging experiences with peers in a collaborative learning environment. In addition, the course offers an overview of implants used in Sports Medicine and provides valuable insights into the Outpatient Tariff System.

Target Group

This intermediate-level course is designed for shoulder surgeons who seek to improve their skills and gain more knowledge in arthroscopy – including tenodesis of the long head of biceps tendon, instability and rotator cuff repair surgeries.

Learning Objectives

- Master basic techniques in arthroscopic shoulder surgery.
- Enhance decision-making through faculty inputs.
- Gain an overview of implants used in Sports Medicine.
- Receive the latest information regarding the Outpatient Tariff System, with a focus on shoulder surgery.



Dr. med. Patrick GrüningerSpital Limmattal



Dr. med. Franziska EckersBürgerspital Solothurn

Institute



Agenda

10th November 2025

08:00 - 08:30

08:30 - 09:00

09:00 - 09:15

09:15 - 10:15

10:15 - 10:30

11:00 – 12:00

12:00 - 13:00

13:00 – 13:30

13:30 – 13:45

13:45 - 15:30

15:30 - 15:45

15:45 - 16:15

16:15 – 16:30

16:30

Accreditation:

SO and **SGC** Credits will be requested.

Registration, Coffee & Welcome

Faculty Input: Instability Procedures

Patrick Grüninger, Franziska Eckers

Transition to Wetlab

Wetlab Session 1: Instability

Patrick Grüninger, Franziska Eckers

Coffee Break & Implants used for Rotator Cuff Repair, Instability and LHBT Tenodesis

Wetlab Session 2: LHBT Tenodesis

Patrick Grüninger, Franziska Eckers

Lunch & Case Discussion

Faculty Input: Rotator Cuff Repair and LHBT Tenodesis

Patrick Grüninger, Franziska Eckers

• LBS: Indication for Tenodesis vs. Tenotomy, arthroscopic vs. mini-open approach

 Rotator Cuff Repair: Single vs. Double Row, Proximal Biceps Tenodesis Incorporated into Supraspinatus Repair

Transition to Wetlab

Wetlab Session 3: Rotator Cuff Repair

Patrick Grüninger, Franziska Eckers

Coffee Break & Transition to Meeting Room

Outpatient Tariff System in Focus

Nora Schweizer (Johnson & Johnson)

Feedback and Closing Remarks

Course Closure



Nora Schweizer, PhD HEMA Specialist Johnson & Johnson

We are looking forward to welcoming you in Zuchwil.



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